



Globe Gym

Conditions of Use

Everyone in this gym lives in the Globe, so they are your neighbour. Smile and say Hello 😊

These rules and instructions must be followed by all Globe Gym users to ensure a clean and safe environment for you and everyone else.

As a user of the gym you are required to follow the rules or you will be locked out.

COVID-Safe Requirements

- > CBR Check-in is mandatory
- > Cleaning equipment using the antiseptic wipes provided after use is mandatory
- > 1.5 meter distancing is still required
- > Masks are not required while exercising

Personal Safety

- > Always use a clean towel each gym session. No towel = No gym. No exceptions
- > Always wear shoes. No bare feet, thongs or open footwear
- > Use the hand wash before and after your gym session

Gym Hygiene

- > You must wipe / sanitise each piece of equipment before and after you use it with the antiseptic wipes and paper towel provided:
 - Every bar, weight plate, dumbbell, cardio machine and multi-station
 - Make sure you wipe down every surface you have touched during your session
- > Use a towel on the benches and multi-station seats
- > Cover equipment with your towel when sweating, especially cardio equipment control panels (bikes, spin bikes, treadmills and ellipticals)

Gym Etiquette

- > Do not drop the weights. Other residents live below and around the gym
- > Return equipment after use. Every piece of equipment has a place, so put it back in its place
- > Unpack the weight plates from the squat rack and smith machine when finished
- > Do not leave any weight plates, barbells or dumbbells on the floor when finished
- > Do not rest dumbbells or weight plates on the bench seats
- > Leave the gym clean and tidy after use
- > Eating is not permitted in the gym

Respect the equipment! The Globe Gym is managed by the Body Corporate Executive Committee for everyone's benefit and is done voluntarily

Air Conditioning and Fresh Air

- > The air conditioning is set and locked at 18 degrees. Do not attempt to change this
- > If the weather is good, open the 2 outside doors to maintain a fresh air flow
- > Last person to leave please close the outside doors, turn off the air con, TV and lights

Globe Residents Only

- > Only residents living in the building are permitted to use the gym
- > Children under 16 years of age must be supervised by a parent or guardian at all times

Conditions of Use

By entering this area, you agree to the following conditions of use:

- > You will follow all COVID-Safe instructions posted in this area
- > You use the facilities at their own risk. The Owners Corporation does not accept any liability for bodily injury or loss of property arising from the use of these facilities

Non-Compliance and Issues

- > Please report any issues or non-compliance to the rules
- > If you arrive at the gym and weights have been left out, please report it
- > Regular checks are conducted to ensure residents are following the rules and not putting others at risk

Report any issues or broken equipment to security@globeonmoore.com